



Cathedral

Fall 2024 Alpha Program

You are invited to be our guest! Come and Bring a Friend!

So, what is Alpha?

- Alpha is a space to explore the Christian faith and discuss your questions with people just like you. It is not just for Catholics. Alpha is run in all Christian denomination's all over the world.
- First there's **food**, then a video followed by discussion.
- In the past few years hundreds of Alphas were run in Catholic churches, schools, communities, and through collaborative Diocesan initiatives.
- Because Alpha became so popular in Canadian Catholic churches, a new division just for Catholics was created. Check out the Alpha Canada website. <https://alphacanada.org>

Mark your Calendars & Register!

When: Kick off – September 25th, 6:30pm – 8:15 pm

Duration: Every Wednesday evening, starting Oct 2nd – Dec 11th

Where: Rectory of the Cathedral

To register: Alphacathedral1855@gmail.com

Contacts : Father Lawrence

Why should you get excited about Alpha?

Fellowship with new friends – Alpha is fun, and we laugh a lot. We also engage in serious topics that concern all of us. There are no wrong answers and no judgement.

Share your faith – sharing is optional and there is no pressure. Many people who are solid in their faith don't feel they need to attend; however, we all know someone that can benefit. Why not attend with a friend or family member to help them with their faith as you share your faith.

You will gain and increase your wisdom and knowledge – as we unpack the basis of Christian belief about “Who is Jesus?” and historical facts about Jesus; historical facts that should help a doubter.

Develop a deeper relationship with Christ – many past guests of Alpha have experienced the glory of the Holy Spirit; they have said that this experience strengthened their relationship with Jesus.

Live out your Baptismal Call – you will get to experience first-hand the work of the Holy Spirit. The joy you find may encourage you to live out your Baptismal Call and not just be a consumer of your faith.

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Frequently Asked Questions About Alpha:

What if I want to go and I don't have a way to get there? If you would like to attend and the only thing stopping you is that you need a lift to-and-from please give us a call and we will try to help.

Eleven weeks is a long time and I plan on being away for some of it, can I still participate? Yes, we provide a weekly handout, and we send everyone access to the video's; if you miss a session here and there it is very easy to get caught up.

Is the food free? Yes, however as with everything free we ask for a free will offering towards to end of Alpha.

I have a friend who is not a Catholic; is it OK to bring them? Yes, Alpha is not specific to any Christian demonization. It is also a great program for people who don't go to church and are curious or on the edge of what they believe.

Will I be put on the spot if I am quiet? No, participation in the discussion is purely optional.

I would like to register however I do not have an email address? This is not a problem, please let one of us know. Or just show up.

What if I forget to register? Just show up. We will not turn anyone away. However, if you can let us know in advance, please do, so we can make sure we have enough food for everyone.

What if I cannot make it to the first session? We can take new people up to the third session. After that you can come-and-see what we are all about and eat with us however you will not be able to participate in the group discussion.

Do I need to bring anything? No, we provide handouts and pens.

I have food allergies and eating away from home is hard? If you let us know about your food allergies, we will make sure that we prepare something that you can eat.

Why does it have to start at 6:30pm? I usually eat much earlier? We have received this feedback and have considered moving it to an earlier start time. We chose this time in consideration for people who work and find it difficult to attend if the start time is earlier than 6:30pm.